



KPL No 10758

GLOBAL WORLD TOUR & TRAVEL SDN. BHD.

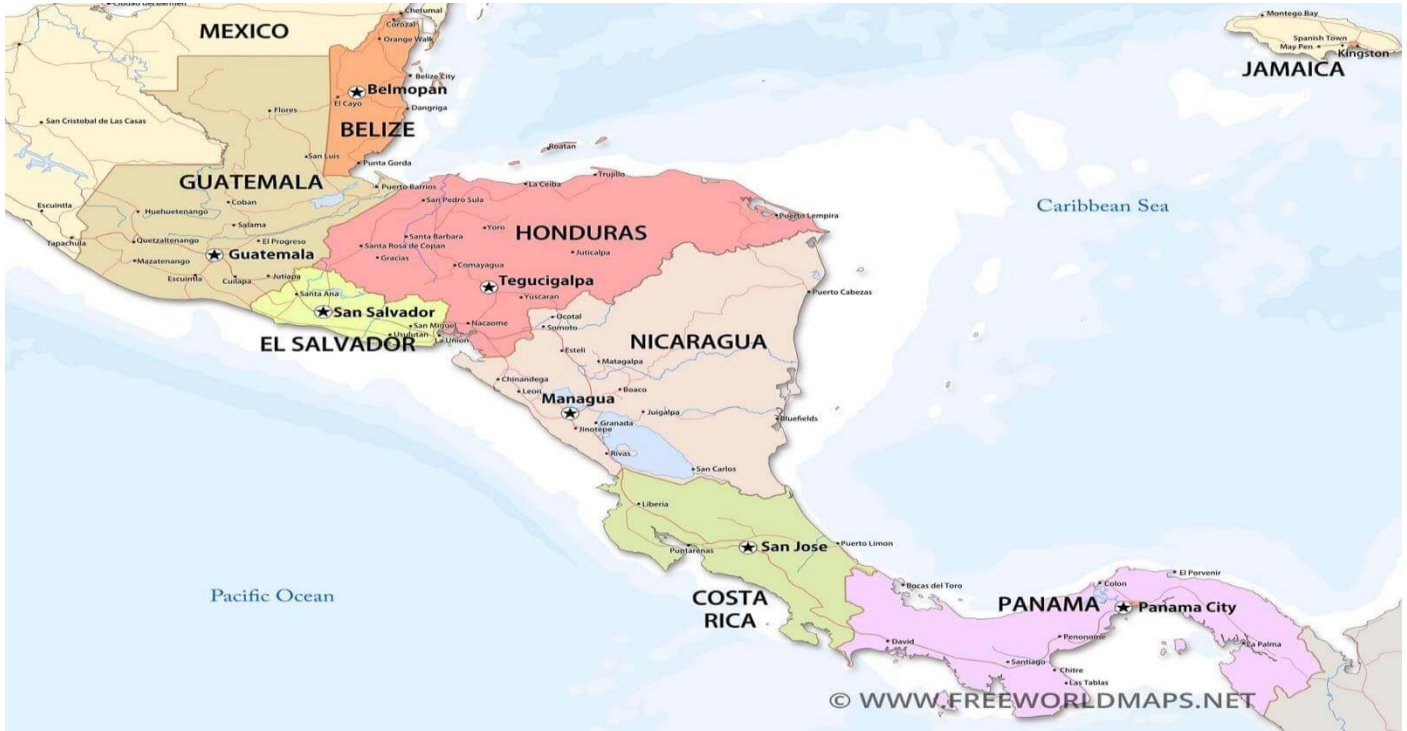
环球旅游有限公司

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Hunting Line: 03-9055 3816 📞 Tour: 017-228 3816 📱 Ticketing: 017-228 3815 🌐 Website: www.gwtt.my

20 Days 16 Nights

Grand Central America

(Belize / Guatemala / Honduras / El Salvador / Nicaragua / Costa Rica / Panama)



DAY 1 Kuala Lumpur – Belize International Airport

DAY 2 Belize

Upon arrival transfer to hotel and rest of the day.

DAY 3 Belize / San Ignacio (3 hrs)

(B/L/D)

- Morning explore the most exhilarating and mysterious wonders that the marvel at the jaw-dropping grandeur of the majestic Great Blue Hole.
- City tour in Belize city and Belmopan is the capital city of Belize. Its population in 2010 was 16,451. Belmopan is the smallest capital city in the continental Americas and the third-largest settlement in Belize

DAY 4 San Ignacio / Xunantunich (30 mins) / El Remate Area (45 mins)

(B/L/D)

- **Xunantunich Maya Site En route to Guatemala Border** - On your transfer to Guatemala Border you will stop at Xunantunich ruins, situated on the banks of the Mopan River, for a guided tour. Xunantunich means "stone woman" in Mayan. Xunantunich was a thriving city near the end of the Classic Period (300-900 A.D.) with large plazas ringed with pyramids. The tallest is the 130 foot "El Castillo," which is large by Mayan standards and is only exceeded in Belize by the Caana pyramid at Caracol. The center of the site is composed of six major plazas surrounded by more than 25 temples and palaces. The large pyramid, El Castillo, is well known for the frieze or band of stucco decoration which at one time extended around the entire temple.

DAY 5 Guatemala / Flores (1 hrs) / Flight from Flores / Guatemala City Airport (1 hrs) / Antigua (1.15 hrs)

(B/L/D)

- **Tikal Archeological Experience** - Visit Tikal National Park, where some 3,000 ancient structures rise from the rainforest floor. Not only will you enjoy a fascinating tour of this impressive UNESCO World Heritage Site, but you'll also experience the sights and sounds of tropical birds and animals, including howler and spider monkeys, that live in the jungle canopy. Once home to an estimated at 50,000 residents or more, Tikal flourished from 800 BC to 900 AD. You'll follow in the footsteps of Maya royalty and commoners as your guide leads you to such sites as the majestic Great Plaza and its Temple of the Jaguar (44 meters / 144 feet), Temple of the Masks (38m/125ft), the Acropolis and much more.
- **Antigua** - La Antigua Guatemala is one of the most idyllic destinations in the world, with painstakingly restored Spanish colonial architecture, manicured parks, stylish hotels, superb international cuisine and a horizon shaped by three spectacular volcanoes.

DAY 6 Antigua / Coffee Farm (30 mins)

(B/L/D)

- **Antigua Walking Tour** - This tour explores this colonial city's cultural, architectural, and social history with a behind-the-scenes look at some of Antigua's ornately decorated churches, Spanish colonial-era ruins, and the tomb of the first Guatemalan saint.
- **Antigua Villages & Coffee Experience** - Learn about local culture and history while visiting several outlying villages that surround colonial Antigua Guatemala. In the mountain town of Santa María, notice that many indigenous women still wear traditional Mayan dress (traje) as they carry out their daily activities. In San Pedro and Ciudad Vieja, also on the slopes of the iconic Agua Volcano, immerse yourself in local village life and take in several historic sites. Along the way, you will stop at the village of San Miguel Escobar where you will meet a farmer that owns a small, independent coffee plantation and promotes environmentally responsible agriculture. Enjoy a traditional lunch with the farmer and his family members in their home, and afterward tour the farm as you learn about the planting and harvesting process.

DAY 7 Antigua / Honduras (5 hrs)

(B/L/D)

- **Antigua Copan Honduras** - Deemed a UNESCO World Heritage Site in 1980, and one of the ancient Maya's most lavish cultural centers, Copan is well-known for its intricately carved stelae and incredible hieroglyphic stairway; you'll also visit the on-site sculpture museum and two excavated tunnels under the ruins that provide insight into the early stages of Copan civilization. Afterwards, you'll lunch in the town of Copan Ruins and then visit the local museum where ceramics, carved jade, incense burners, and other items tell the tale of Copan valley's Mayas.

DAY 8 Honduras / El Salvador (4 ½ hrs)

(B/L/D)

- **Transfer to Santa Ana via El Florido & Anguatu Border** - Dinner at Local Restaurant in Santa Ana.

DAY 9 El Salvador / La Union via Joya de Ceren (4 ½ hrs)

(B/L/D)

- **Transfer to La Union via Joya de Ceren** - Lunch in Local Restaurant, Dinner at Local Restaurant in La Union
- **Ruta de las Flores El Salvador** - One of the most beautiful itineraries you can make in El Salvador is La Ruta de las Flores – the flower route. This route runs from Sonsonate to Ahuachapán and is known for its small villages with flowers, murals, markets and nice shops.



Ruta de las Flores El Salvador

DAY 10 El Salvador / Nicaragua - Leon (2hrs)

(B/L/D)

- **Leon walking tour** - Immerse yourself in the rich history and local customs of historic León, the cultural heart of Nicaragua. Highlights of your guided tour include a stop at Central America's largest church, the Basilica Catedral de la Asuncion, where you can investigate the tombs of prominent Nicaraguans. Climb the stairs to the cathedral's roof for superb views of the city and the volcanoes looming nearby. As you stroll to your destinations, you will see (and learn the stories behind) León's impressive street murals. At the Museum of the Revolution, a real Sandinista 'guerrillero' will explain the tumultuous history of Nicaragua's revolution (1978-1990). After finishing the walk, get ready to turn up the heat! Your excursion continues with a 20-minute ride to the small, traditional village of San Jacinto in the shadows of the impressive Marribios volcanic chain. A surreal site awaits: a small, barren field dotted with small craters of boiling mud.

DAY 11 Nicaragua / Granada City (2 ½ hrs)

(B/L/D)

- **Cerro Negro** - Amp up your adrenaline as you speed down a steep, volcanic slope in a sandboarding thrill of a lifetime. Accompanied by an expert guide, start your half-day adventure at the base of Cerro Negro (Black Hill), a young volcano that formed in 1850, and take a one-hour hike up its rocky, sandy trails. The wind picks up as you ascend, and you may get a whiff of pungent-smelling gases seeping out of small vents. Enjoy incredible vistas at lookouts along the way and from the windy summit (726 metres / 2,400 feet).
- Granada by exploring this colonial city with a local 'Granadino' guide. Start your walking tour with a steep climb up the bell tower of the nearly 500-year-old La Merced church for exceptional views of Granada's central plaza, historic district, and picturesque Mombacho Volcano.



DAY 12 Granada city / San Jose

(B/L/D)

- Beginning our trip from Nicaragua to Costa Rica and enjoying the beautiful scenery along the way..

DAY 13 San Jose

(B/D)

- **San José** - is perched at an elevation of 1150m, with the Poas, Barva, and Irazu volcanoes rising gracefully over the city to the north, and the rugged Talamanca mountains to the south. San Jose's magnificent Teatro Nacional, outstanding museums, colorful markets, modern street art, and beautiful plazas are within walking distance of one another.

DAY 14 Puntarenas

(B/L/D)

- **Jungle Crocodile Safari** - Get to know and explore a unique tourist destination in Costa Rica located in the Central Pacific. The Río Grande de Tárcoles, one of the four rivers that flow into the Gulf of Nicoya on the Pacific Ocean, offers visitors the opportunity to observe American crocodiles (*Crocodylidae*, *C. acutus*), with sizes greater than four meters in length, iguanas (*Iguanidae*, Iguana) and basilisks (*Basilisks* sp.) in their natural environment together with more than one hundred and twenty different species of resident and migratory, terrestrial and coastal birds.

DAY 15 Costa Rica / Panama

(B/D)

- **Panama Folkloric Dinner & Show** - At night you will be met in the lobby of your hotel and transferred to a Panamanian restaurant. Here you will have the opportunity to taste Panamanian food, made of corn, plantains, yucca, fish, tamale, sancocho (Panamanian chicken soup), pork, seafood, beef and more. After dinner you will enjoy a folkloric show where you will be able to watch the diverse national dancers with their elegant garments. Some of the dances you will witness are the Punta, Travesado and Diablos Sucios, and they are performed with live music using the Panamanian instruments.

DAY 16 Panama

(B/L/D)

- **Full Day City + VIP Visit to Miraflores Locks** - Discover the colonial heritage of Panama and visit the famous Panama Canal on a full day, and head to the ruins of Old Panama. Here, climb up the Cathedral Tower and visit the Old Panama Museum to gain a better understanding of the history of this Central American nation. Next, head to Casco Viejo, dating back to the XVII century, and listen to your guide describe the events that led up to the establishment of the capital in its current location.

DAY 17 Panama - Gamboa

(B/L/D)

- **Panama Canal Partial Transit (Southbound) (Only Available on Saturdays and Sundays)** - Our tour starts at Gamboa, where passengers aboard the Pacific Queen to start the water portion of the tour. The Panama Canal partial transit tour begins at the north end of the Gaillard cut, where the Chagres River flows into the canal. The Gaillard Cut (also known as Culebra Cut because its curves resemble a snake) is one of the main points of interest for visitors because it was carved through the Continental Divide and this section of the Canal is full of history and geological value. The Pacific Queen will travel the Cut's 13.7 kilometres on the way to Pedro Miguel Locks.



DAY 18 Depart from Airport – Kuala Lumpur

(B/MOB)

DAY 19 Enroute

DAY 20 Arrival Kuala Lumpur

- Home sweet home

Rm 51888.00 – 12 Mar 2026 (Exclude travel insurance)

Remarks:

If a place of visit is closed to visitors, it will be replaced with an alternative. During major events, accommodation may not be in the city mentioned. Sequence of itinerary is subject to change without prior notice.



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20天 16晚 完整中美洲游

(伯利兹/危地马拉/洪都拉斯/萨尔瓦多/尼加拉瓜/哥斯达黎加/巴拿马)



第1天 吉隆坡 - 伯利兹国际机场

第2天 伯利兹

抵达后送往酒店休息。

第3天 伯利兹 / 圣伊格纳西奥 (3 小时)

(早/午/晚餐)

- 早晨，探索最令人兴奋与神秘的奇观，惊叹于壮丽宏伟的自然奇迹——雄伟的大蓝洞。
- 游览伯利兹市与贝尔墨潘市。贝尔墨潘是伯利兹的首都，2010年的人口为16,451人。它是美洲大陆最小的首都城市，也是伯利兹第三大定居点。

第4天 圣伊格纳西奥 / Xunantunich (30 分钟) / El Remate 地区 (45 分钟)

(早/午/晚餐)

- Xunantunich 玛雅遗址 (前往危地马拉边境途中) - 在前往危地马拉边境的途中，您将停留参观位于莫潘河畔的 Xunantunich 遗址，游览 Xunantunich 在玛雅语中意为“石女”。Xunantunich 是经典期末期 (公元300-900年) 兴盛的城市，拥有大型广场，周围环绕着金字塔。其中最高的是高达130英尺的“埃尔卡斯蒂略” (El Castillo)，在玛雅建筑中体积庞大，仅次于伯利兹 Caracol 遗址的 Caana 金字塔。遗址中心由六个主要广场组成，周围分布着25座以上的神庙和宫殿。大型金字塔埃尔卡斯蒂略以其浮雕带状装饰闻名，曾经这一装饰环绕整座神庙。

第5天 危地马拉 / 弗洛雷斯 (1 小时) / 从弗洛雷斯起飞 / 危地马拉城机场 (1 小时) / 安提瓜 (1.15 小时)

(早/午/晚餐)

- 蒂卡尔考古体验 - 参观蒂卡尔国家公园，那里有大约 3,000 座古代建筑从雨林地面拔地而起。您不仅可以享受这个令人印象深刻的联合国教科文组织世界遗产的迷人之旅，还可以体验热带鸟类和动物的景象和声音，包括生活在丛林树冠中的吼猴和蜘蛛猴。蒂卡尔曾是约 50,000 名或更多居民的家园，从公元前 800 年到公元 900 年一直繁荣昌盛。您将跟随玛雅皇室和平民的脚步，在导游的带领下参观雄伟的大广场及其美洲虎神庙 (44 米/144 英尺)、面具神庙 (38 米/125 英尺)、雅典卫城等景点。
- 安提瓜 - 危地马拉安提瓜是世界上最美的目的地之一，拥有精心修复的西班牙殖民时期建筑、修剪整齐的公园、时尚的酒店、一流的国际美食和由三座壮观的火山塑造的地平线。

第6天 安提瓜 / 咖啡农场 (30 分钟)

(早/午/晚餐)

- 安提瓜徒步之旅 - 这次旅行探索了这座殖民城市的文化、建筑和社会历史，并参观了安提瓜一些装饰华丽的教堂、西班牙殖民时代的遗址以及第一位危地马拉圣人的坟墓。
- 安提瓜村庄和咖啡体验 - 参观殖民地安提瓜危地马拉周围的几个偏远村庄，了解当地文化和历史。在山城圣玛丽亚，您会发现许多土著妇女在日常活动中仍然穿着传统的玛雅服饰 (traje)。在圣佩德罗和维耶哈，同样位于标志性的阿瓜火山山坡上，您可以沉浸在当地村庄生活中，并参观几个历史遗迹。沿途，您将在圣米格尔埃斯科瓦尔村停留，在那里您会遇到一位拥有小型独立咖啡种植园并提倡环保农业的农民。与农民及其家人在家中享用传统午餐，然后参观农场，了解种植和收获过程。

第7天 安提瓜 / 洪都拉斯 (5 小时)

(早/午/晚餐)

- 安提瓜科潘洪都拉斯 - 科潘于 1980 年被列为联合国教科文组织世界遗产，是古代玛雅最奢华的文化中心之一，以其精雕细琢的石碑和令人难以置信的象形文字楼梯而闻名；您还将参观现场雕塑博物馆和废墟下的两条挖掘隧道，深入了解科潘文明的早期阶段。之后，您将在科潘遗址小镇享用午餐，然后参观当地博物馆，那里的陶瓷、玉雕、香炉和其他物品讲述了科潘谷玛雅人的故事。

第8天 洪都拉斯 / 萨尔瓦多 (4 ½ 小时)

(早/午/晚餐)

- 经 El Florido 和 Anguiatu 边境前往圣安娜 - 在圣安娜当地餐厅享用晚餐。

第9天 萨尔瓦多 / 拉乌尼翁经霍亚德塞伦 (4 ½ 小时)

(早/午/晚餐)

- 经霍亚德塞伦前往拉乌尼翁 - 在当地餐厅享用午餐，在拉乌尼翁当地餐厅享用晚餐
- 萨尔瓦多的花之路 (Ruta de las Flores) — 在萨尔瓦多最美丽的线路之一是“花之路”，这条路线从Sonsonate 延伸至Ahuachapan，以其遍布鲜花的小村庄、壁画、市场和精致的商店而闻名。



Ruta de las Flores El Salvador

第10天 尼加拉瓜 / 拉乌尼翁港 (10 分钟) / 乘船前往波托西港 (2 小时) / 波托西港前往莱昂 (2 小时)

(早/午/晚餐)

- 莱昂徒步之旅 - 沉浸在尼加拉瓜文化中心莱昂的丰富历史和当地风俗中。您的导游之旅的亮点包括参观中美洲最大的教堂——圣亚松森大教堂，在那里您可以参观尼加拉瓜名人的坟墓。爬上大教堂屋顶的楼梯，欣赏城市和附近火山的壮丽景色。漫步到目的地时，您将看到（并了解）莱昂令人印象深刻的街头壁画。在革命博物馆，一位真正的桑地诺“游击队员”将讲解尼加拉瓜革命（1978-1990）的动荡历史。结束步行后，准备好加热吧！您的短途旅行将继续进行

第11天 尼加拉瓜 / 格拉纳达市 (2 ½ 小时)

(早/午/晚餐)

- 塞罗内格罗 - 体验一生难忘的沙地滑板运动，从陡峭的火山斜坡上飞速冲下，肾上腺素激增。在专业导游的陪同下，从塞罗内格罗（黑山）山脚开始您的半日冒险之旅，塞罗内格罗是一座 1850 年形成的年轻火山，沿着岩石和沙地小径徒步一小时。攀登时风力增强，您可能会闻到从小孔中渗出的刺鼻气体。沿途的观景台和风力强劲的山顶（726 米 / 2,400 英尺）可欣赏到令人惊叹的美景。



Cerro Negro Tour

第12天 格拉纳达市 / 圣何塞

(早/午/晚餐)

- 从尼加拉瓜出发前往哥斯达黎加，沿途欣赏美丽的风景。

第13天 圣何塞

(早/晚餐)

• 圣何塞 - 海拔 1150 米，北部有波阿斯火山、巴尔瓦火山和伊拉苏火山，优雅地耸立在城市上方，南部有崎岖的塔拉曼卡山脉。圣何塞宏伟的国家剧院、杰出的博物馆、色彩缤纷的市场、现代街头艺术和美丽的广场都在步行距离内。

第14天 蓬塔雷纳斯

(早/午/晚餐)

• 丛林鳄鱼狩猎 - 了解和探索位于中太平洋的哥斯达黎加独特旅游目的地。塔尔科莱斯河是流入太平洋尼科亚湾的四条河流之一，游客有机会在自然环境中观察体长超过四米的美洲鳄鱼 (Crocodylae, C. acutus)、鬣蜥 (Iguanidae, Iguana) 和蛇怪 (Basilisks sp.)，以及一百二十多种不同种类的留鸟、候鸟、陆鸟和沿海鸟类。

第15天 哥斯达黎加 / 巴拿马

(早/晚餐)

• 巴拿马民俗晚宴和表演 - 晚上，酒店大堂会迎接您，然后送您到巴拿马餐厅。在这里，您将有机会品尝巴拿马美食，包括玉米、大蕉、木薯、鱼、玉米粉蒸肉、桑科乔 (巴拿马鸡汤)、猪肉、海鲜、牛肉等。晚餐后，您将欣赏民俗表演，并观看身着优雅服装的不同民族舞者。您将观看的一些舞蹈包括 Punta、Travesado 和 Diablos Sucios，这些舞蹈使用巴拿马乐器伴以现场音乐表演。

第16天 巴拿马

(早/午/晚餐)

• 全天游览城市 + VIP 参观米拉弗洛雷斯船闸 - 探索巴拿马的殖民遗产，并在一整天内参观著名的巴拿马运河，然后前往巴拿马古迹。在这里，您可以登上大教堂塔楼，参观巴拿马老博物馆，更好地了解这个中美洲国家的历史。接下来，前往可追溯至 17 世纪的 Casco Viejo，听导游讲述在现址建立首都之前发生的事件。

第17天 巴拿马 - 甘博阿

(早/午/晚餐)

• 巴拿马运河部分过境 (南行) (仅在周六和周日提供) - 我们的旅程从甘博阿开始，乘客从这里登上太平洋女王号，开始水上之旅。巴拿马运河部分过境之旅从盖拉德运河的北端开始，查格雷河从这里流入运河。盖拉德运河 (也称为库莱布拉运河，因为其曲线形似蛇) 是游客的主要兴趣点之一，因为它是在大陆分水岭上凿出的，运河的这一部分充满了历史和地质价值。太平洋女王号将行驶 13.7 公里的运河前往佩德罗米格尔船闸。

第18天 从机场出发 - 吉隆坡 (机上用餐)

第19天 途中

第20天 抵达吉隆坡

• 温馨的家

团费 RM 51888.00 - 2026 年 3 月 12 日 (不含旅游保险和小费)

备注:

如果参观的地点闭馆，将替换其它参观地方。在重大活动期间，住宿可能不在所提到的城市。行程顺序如有更改，恕不另行通知。